

# Hearti-FACTS

*Do you know the signs of stroke?*

A stroke (a sudden disruption of blood flow to the brain) may happen without warning, but there are physical signs that may *signal* someone is having a stroke. If you recognize the signs, you can act in time.

## Think **FAST!**

# F

**FACE:** Ask the person to smile. Does one side of the face droop?



# A

**ARMS:** Ask the person to raise both arms. Does one side drift downward?



# S

**SPEECH:** Ask the person to repeat a simple phrase. Is their speech slurred or strange?



# T

**TIME:** If you observe any of these signs, **Call 9-1-1** immediately.

